1. **What is the purpose of using hospital codes during emergencies?
a) To confuse the patients
b) To maintain confidentiality and streamline response
c) To alert the media
d) To communicate with family members
Answer: b) To maintain confidentiality and streamline response**
2. **Which of the following is a responsibility when ensuring workplace safety?
a) Ignoring minor hazards
b) Complying with safety procedures
c) Delegating safety checks to clients
d) Focusing solely on massage techniques
Answer: b) Complying with safety procedures**
3. **Basic Life Support (BLS) should be provided by the masseur when:
a) There are no other medical professionals available
b) It is within their defined scope of work
c) It is convenient
d) The client specifically requests it
Answer: b) It is within their defined scope of work**
4. **To communicate effectively with clients, the masseur should:
a) Use medical jargon
b) Respect cultural and individual differences
c) Speak loudly to ensure clarity
d) Limit interactions to only necessary instructions
Answer: b) Respect cultural and individual differences**
5. **Why is it important to adopt gender-neutral behavior when interacting with clients?
a) To save time
b) To ensure inclusivity and comfort for all clients
c) To reduce communication
d) To comply with local regulations
Answer: b) To ensure inclusivity and comfort for all clients**
6. **Maintaining confidentiality is crucial in professional conduct because:
a) It helps build trust with clients
b) It reduces workload
c) It is a requirement only for healthcare providers
d) It promotes faster services
Answer: a) It helps build trust with clients**
7. **Before starting an Ayurvedic massage, the practitioner must:
a) Begin without introducing themselves
b) Wear appropriate PPE and prepare the environment
c) Ignore client concerns
d) Skip any client-related questions
Answer: b) Wear appropriate PPE and prepare the environment**
8. **What should be considered when assisting clients with disabilities during pre-procedure?
a) Ignoring their concerns
b) Providing only verbal instructions
c) Offering assistance with empathy
d) Recommending a different procedure
Answer: c) Offering assistance with empathy**
9. **Ensuring client privacy involves:
a) Allowing open access to all areas
b) Keeping all client information in view
c) Maintaining confidentiality and draping appropriately
d) Sharing session details with colleagues
Answer: c) Maintaining confidentiality and draping appropriately**
10. **During an Ayurvedic massage, the masseur should:
a) Focus only on their comfort
b) Seek client feedback on comfort levels throughout the session
c) Apply only one type of massage technique
d) Avoid asking the client any questions
Answer: b) Seek client feedback on comfort levels throughout the session**
11. **Which technique ensures client comfort during the massage?
a) Ignoring client feedback
b) Making adjustments based on the client’s needs
c) Applying standard pressure without adjustment
d) Following only the prescribed routine
Answer: b) Making adjustments based on the client’s needs**
12. **Post-massage procedures include:
a) Leaving the client immediately after finishing
b) Providing clean clothes and ensuring the client is comfortable
c) Ignoring excess oil on the client’s body
d) Only discussing the next session
Answer: b) Providing clean clothes and ensuring the client is comfortable**
13. **After a Panchakarma session, it is essential to:
a) Leave the equipment as it is for the next client
b) Disinfect and clean all equipment according to procedures
c) Only clean equipment weekly
d) Skip the cleaning if the equipment appears clean
Answer: b) Disinfect and clean all equipment according to procedures**
14. **Client belongings should be:
a) Handed over to any available person
b) Secured and returned to the client as per organizational policies
c) Stored for an indefinite period
d) Left unattended
Answer: b) Secured and returned to the client as per organizational policies**
15. **When linen shows signs of damage or stains post-procedure, it should be:
a) Ignored if it is minor
b) Segregated and managed as per organizational protocols
c) Reused immediately
d) Disposed of without documentation
Answer: b) Segregated and managed as per organizational protocols**